First Announcement and Call for Abstracts

20TH European Meeting
OSLO - NORWAY • JUNE 18 - 21, 2010

European Society of Hypertension

20TH European Meeting on Hypertension
OSLO - NORWAY • JUNE 18 - 21, 2010
www.esh2010.com
### IMPORTANT DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>January 15, 2010</td>
<td>Abstracts' submission deadline</td>
</tr>
<tr>
<td>March 29, 2010</td>
<td>Early registration fee deadline</td>
</tr>
<tr>
<td>May 28, 2010</td>
<td>Hotel reservation deadline</td>
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### CREDITS

Attendance at this meeting will provide credits for Application as Hypertension Specialists of the European Society of Hypertension. As in the past editions, application for EBAC credits will be submitted. Other information about credits will be available on the website: www.esh2010.com
First Announcement and Call for Papers
www.esh2010.com
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# Table of Contents

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Dear Colleagues and Friends,

It is a great pleasure for us to invite you to attend the 20th Scientific Meeting of the European Society of Hypertension (ESH) which will take place in Oslo, Norway, June 18-21, 2010.

The scientific program will continue the tradition of the many previous ESH meetings. That means that a major proportion of the program will be based on original research with oral and poster presentations which will be selected from the large number of abstracts submitted by the participants, based on the in depth assessment by reviewers of the abstracts.

The 2010 ESH meeting will also contain a broad range of clinical and experimental research papers presented in numerous State-of-the-Art lectures, Plenary Sessions, Debates, How-To and other Teachings Sessions, Breakfast Workshops, Integrated Sessions for ESH Working Groups and Satellite Symposia. The European Society of Hypertension has in various aspects developed educational activities in cooperation with the European Society of Cardiology, one of these being recognitions and accreditations for medical specialities. Thus, in Oslo widespread EBAC accreditation for continuous medical education will be requested, and to follow a trend for the previous meetings, also regarding an increasing number of the satellite symposia.

The ESH meeting attracts investigators, researchers, clinicians and other from all European countries but also many people with interest in hypertension from the Americas, Japan and Asia, the Middle-East and the
Rest of the World. The scientific agenda contains the most updated research, controversies and consensuses in the field of clinical and experimental hypertension. Over the years the ESH meeting has thus been steadily growing and several thousands people are expected, in previous years about 6-8,000 at each annual meeting with a steady rise of attendees over the years. In 2010 as in many previous years the ESH Scientific meeting this time in Oslo is expected to be the largest hypertension meeting in the world. Hypertension creates an interest over a broad range of medical specialties from family medicine and general practise to the specialist fields of cardiology, nephrology and endocrinology and further to physiology and pharmacology. Hypertension is closely related to various cardiovascular, endocrine and renal diseases both as a cause and a consequence. Hypertension is central in the so called metabolic syndrome, in diabetes and in obesity, but also in stress medicine, in physiology and in epidemiology. There is an armament of drugs available for treatment of hypertension and new ones are reaching the market, increasingly in combination. Besides, there is a rapid development of modern equipment and technical set-up for up-to-data ambulatory diagnostic work and non-invasive research on various aspects of the pathophysiology of hypertension, it's hemodynamic profile, related conditions including obesity, diabetes and the metabolic syndrome as indicated above, and experimental research. The ESH meeting in Oslo will be held in the new and large Oslo Convention Centre located only 10 minutes by express train from the very modern main airport in Oslo – Oslo Gardermoen Airport – which provides direct flights to most major cities in Europe. From the Convention Centre count only another 10 minutes by train to downtown Oslo and all the Congress hotels and multiple additional meeting facilities for scientific related activities. Congress organisers are Congress-Conference and the AIM Group with experience in this field building up over many years. The ESH Council and Programme Committee will be responsible for the scientific agenda and Oslo University Hospital is the anchor of the organization hosting the local organizing committee. You are all cordially invited to Oslo and the European Society of Hypertension (ESH) meeting in June 2010!

Yours Sincerely,

Prof. Sverre E. Kjeldsen, Prof. Stéphane Laurent Prof. Krzysztof Narkiewicz
ESH/EUROPEAN SOCIETY OF HYPERTENSION

PRESIDENT
S. Laurent (France)

PAST PRESIDENT
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L. Lindholm (ISH Representative)

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E. Agabiti Rosei (Italy) – Coordinator, Working Groups
R. Cifkova (Czech Republic) – Secretary, Educational Committee
D. Clement (Belgium) – ESH representative for contacts with the EU Officers
THE 20TH ESH ORGANIZING COMMITTEE:

HONORARY CHAIRMAN
Stevo Julius, Ann Arbor, USA

CHAIRMAN OF THE CONGRESS
Sverre E. Kjeldsen, Oslo
University of Oslo, Faculty of Medicine
Ullevål Hospital, Department of Cardiology
Oslo, Norway

MEMBERS
Tonje Aksnes, Oslo
Eva Gerdts, Bergen
Aud Høieggen, Oslo
Thomas Kahan, Stockholm
Andreas Moan, Oslo
Rune Mo, Trondheim
Ingrid Os, Oslo
Morten Rostrup, Oslo
Ingrid Toft, Tromsø

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Via Flaminia, 1068 – 00189 Rome, Italy
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Fax +39.06.33053.229
esh2010@aimgroup.it
www.esh2010.com

MAIN MEETING
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Sponsor Management
Maddalena Massaro
– m.massaro@aimgroup.it

THE 20TH EUROPEAN MEETING ON HYPERTENSION IS ORGANIZED IN CO-OPERATION WITH THE TWO AGENCIES:

Congress-Conference AS
Thomas Heftyesgt. 2
P O Box 2694 Solli
NO-0204 Oslo, Norway
Phone: +47–22 56 19 30
Fax: +47–22 56 05 41
Esh2010@congrex.no
www.esh2010.com

Committees
<table>
<thead>
<tr>
<th>HOURS</th>
<th>B1/B2 (up to 3000 seats)</th>
<th>B3 (up to 1500 seats)</th>
<th>B4 (up to 1500 seats)</th>
<th>SVALBARD (500 seats)</th>
<th>JAN MAYEN 1 (300 seats)</th>
<th>JAN MAYEN 2 (400 seats)</th>
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<td>18.30 / 17.00</td>
<td>Plenary Session</td>
<td>Awards / Bjorn Folkow</td>
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# Timetable

## SUNDAY, JUNE 20, 2010

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<th>Venue/B</th>
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<th>Venue/B</th>
<th>Session Type</th>
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<td>TOPICAL WORKSHOP</td>
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<td>JAN MAYEN 1</td>
<td>CLINICAL CASE</td>
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<td>11.00 / 12.30</td>
<td>B1/B2</td>
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<td>PARALLEL ORAL SESSION</td>
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<td>TOPICAL WORKSHOP OF YOUNG INVESTIGATOR</td>
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20TH EUROPEAN MEETING ON HYPERTENSION, OSLO  JUNE 18 - 21, 2010
### Monday, June 21, 2010

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<td>08.30 / 10.30</td>
<td>Parallel Oral Session</td>
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MAIN SCIENTIFIC PROGRAMME OUTLINE
The main scientific programme is held during THREE days (June 19, 20 and 21, 2010) and consists of State-of-the-Art Lectures, Topical Workshops, Breakfast Workshops, Working Groups, Workshops, Debates and Teaching Sessions (European Hypertension Specialist Programme).

PARALLEL ORAL SESSIONS
are selected among the abstracts submitted by participants. There will be parallel sessions in the morning and afternoon of each day. Each presentation will be given 10 minutes (8 for presentation and 2 for discussion).

POSTER PRESENTATIONS
are selected among the abstracts submitted by participants. There will be a daily guided poster sessions on June 19, 20 and 21. from 14.00 to 15.30 hrs. During that time posters should be attended by the Authors. On each day the best ten presented posters will be recognized with a prize of €500,00 each. The selection will be made by the Program Scientific Committee.

STATE-OF-THE-ART LECTURES
are given during some of the sessions with oral presentations and Plenary Sessions.

ESH WORKING GROUPS' WORKSHOPS
Take place during the congress, at various time, during the main meeting.

HOW TO MEET AND MEET–THE-EXPERT SESSIONS
Take place every day. They are aimed at discussing with an expert the methods to be used for the diagnosis and assessment of efficacy of treatment in hypertension and related cardiovascular disease.

CLINICAL CASES
Clinical Cases take place every day. They consist of discussion of clinical case with an expert.

HOT LINE / CLINICAL TRIAL UPDATE SESSIONS
They are open to results of clinical trials and to important data obtained from further analysis of major clinical studies.

SCIENCE HOT LINE
This session allows for submission of late-breaking experimental and clinical work. Abstract submission will be possible from April 1st to 30th, 2010.
PLENARY SESSIONS
are held in the afternoon of each day (June 19, 20 and 21) and include Lectures, Debates, Awards.

TEACHING SESSIONS
Take place every day from 12.45 to 14.15 hrs. The aim is to have experts presenting and discussing aspects of immediate relevance to clinical practice.
Box lunches will be served in the Teaching Session rooms.

BREAKFAST WORKSHOPS
Take place on June 19, 20 and 21 between 7.15 and 8.15 hrs. The aim is to complement the presentations of original research with a number of prestructured events that addresses problems of methodological and clinical interest in the field of hypertension. A brief review of the problems by two experts will be followed by a general discussion.

TOPICAL WORKSHOPS
Take place on June 19, 20 and 21, from 11.00 to 12.30 hrs. and from 15.30 to 17.00 hrs.
Main Topics

**MAIN TOPICS**

Atherosclerosis
Atrial Fibrillation
Blood Pressure Measurement
Cerebrovascular Diseases
Clinical Aspects
Clinical Trials
Combination treatment
Diabetes
Educational Programs
Endocrine Hypertension
Endothelium
Epidemiology of Hypertension and Metabolic Disorders
Experimental Hypertension
Main Topics

Experimental Pharmacology
Genetics, Genomics, Proteomics
Heart
Heart Failure
Hemodynamics
Kidney
Imaging Procedures
Implementation of Guidelines
Large Arteries
Lifestyle Changes
Lipids
Membrane Transport
Microcirculation/Small Vessels
Molecular Biology
Neural Mechanisms

New Therapeutic Development
Obesity and Metabolic Syndrome
Organ Damage
Peptides, Growth and Circulating Factors
Pharmacoeconomics
Pregnancy
Public Health
Receptors
Renin-Angiotensin System
Sleep Apnea
Therapeutics and Clinical Pharmacology
Transplantation
ESH WORKING GROUPS

1. Working Group on Blood Pressure and Heart Rate Variability
Prof. P. van de Borne
Department of Cardiology
Erasme Hospital
808 Lennik Road
1070 Brussels (Belgium)
Fax +32 2 5556713
E-mail: philippe.vandebove@erasme.ulb.ac.be

2. Working Group on Blood Pressure Monitoring
Prof. Jan A. Staessen
Study Coordinating Centre
Laboratory of Hypertension
Department of Molecular and Cardiovascular Research
University of Leuven
Campus Gasthuisberg, Building Onderwijs & Navorsing 1
Herastraat 49
3000 Leuven (Belgium)
Fax +32 16 347106
E-mail: jan.staessen@med.kuleeu.be

3. Working Group on Endothelin and Endothelial Factors
Prof. G.P. Rossi
Department of Clinical and Experimental Medicine
University Hospital
Via Giustiniani 2
35126 Padua (Italy)
Fax +39 049 8802252
E-mail: gianpaolo.rossi@unipd.it

4. Working Group on Hypertension and the Kidney
Prof. P. W. de Leeuw
Department of Medicine
University Hospital Maastricht
P.O. Box 5800
6202 AZ Maastricht (The Netherlands)
Fax +31 43 3875006
E-mail: p.deleeuw@intmed.unimaas.nl

5. Working Group on Vascular Structure and Function
Prof. L. van Bortel
Department of Pharmacology
Ghent University Hospital
B - 9000 Ghent (Belgium)
Fax: +32 93324988
E-mail: Luc.vanbortel@UGent.be
6. Working Group on Hypertension in Diabetes
Prof. P. Nilsson
Department of Medicine
University Hospital
S-20502 – Malmo (Sweden)
Fax +46 40 923272
E-mail: Peter.Nilsson@medforsk.mas.lu.se

7. Working Group on Integrated Approach to the High Risk Patient
Prof. L.M. Ruilope
Hospital 12 de Octubre
Carretera de Andalucia Km 5,400
28041 Madrid (Spain)
Fax +34 91 5765644
E-mail: ruilope@ad-hocbox.com

8. Working Group on Endocrine Hypertension
Prof. J.W.M. Lenders
Department of Internal Medicine
University Medical Center
St. Radboud
Nijmegen (The Netherlands)
Fax +31 24 3541734
E-mail: j.lenders@aig.umcn.nl

9. Working Group on Obesity
Prof. J. Jordaen
Franz Volhard Clinical Research Centre
Wildtbergstrasse 50
13125 Berlin (Germany)
Fax +49 30 94172265
E-mail: jordan@fuk.charite-buch.de

10. Working Group on Hypertension and the Heart
Prof. Serap Erdine
Istanbul University Cerrahpasa School of Medicine
Göztepe I. Orta Sok
4 A/9 Istanbul (Turkey)
Fax +90 212 279 31 90
e-mail: eserdine@superonline.com
AWARDS

BJÖRN FOLKOW AWARD AND LECTURE
The Bjorn Folkow Award has been established in 1987 by the ESH with the collaboration of AstraZeneca in recognition of the contribution made by Björn Folkow to cardiovascular physiology and pathophysiology. The award is given to a person or persons who have carried out important original research on pathogenesis of hypertension.

ALBERTO ZANCHETTI LIFE ACHIEVEMENT AWARD
The Award is given to a scientist with a lifelong high quality scientific research in the field on hypertension.

LENNART HANSSON MEMORIAL LECTURE
The Lennart Hansson memorial lecture has been established in 2003 to honour his memory and in recognition of his achievement in clinical hypertension research. It is to be conferred to a scientist who has obtained important results in the field of clinical hypertension and trials.

PAUL MILLIEZ AWARD
The Award is conferred to a French scientist acknowledged for his accomplishments in the field of hypertension.

JIRI WIDIMSKI SR. AWARD
It is given to three distinguished young European investigators (not older than 40 years) who have conducted promising research in the field of clinical or experimental hypertension.

HONORARY MEMBERSHIP
Honorary Membership is given to scientists who have made extraordinary contributions to research in hypertension or who have given exceptionally important support to the activities of ESH.

ESH HONORARY MEMBERSHIP
Established by ESH in 2001. To be given to scientists who have made extraordinary contributions to research in hypertension or who have given exceptionally important support to the activities of ESH.

PETER SLEIGHT AWARD
Established in 2008 with a research grant made available by Boehringer Ingelheim. It is conferred to a young investigator who has made an outstanding contribution to research, education, and leadership in the fields of hypertension and cardiovascular protection.

ESH RESEARCH FELLOWSHIP
The award is given to young scientists to support a two year period of research at an institute, university or academic center in Europe.
Awards & Grants

EUROPEAN INVESTIGATORS’ TRAVEL GRANTS
The European Society of Hypertension provides a number of Travel Grants (about 100) for Young Investigators, with limited financial resources, whose abstracts have been selected for either oral or poster presentation. Priority is given to Investigators, 40 years of age or under, with first authorship of an accepted abstract. Those receiving Travel Grants are not exempted from paying the registration fee.

EUROPEAN INVESTIGATORS’ ACCOMMODATION GRANTS
The European Society of Hypertension provides a number of Accommodation Grants to participants with limited financial resources whose abstracts have been selected for either oral or poster presentation. Priority is given to participants with first authorship of an accepted abstracts.

THE ACCOMMODATION GRANT COVERS THE FOLLOWING EXPENSES:
- Registration fee
- Hotel Accommodation in a non-luxury Hotel in Oslo in a single room, for a maximum of 4 nights stay. The Accommodation Grant does not cover travel expenses. The same participant cannot have both travel and accommodation grants. One grant excludes the other. The Travel and Accommodation Grants will be given to authors without sponsorship.

The application Form for Travel and Accommodation Grants is available on the website: www.esh2010.com and must be sent along with the submitted abstract. The notice of the Travel or Accommodation Grant awards will be made by the Local Organizing Committee.
INSTRUCTIONS FOR SUBMITTING ABSTRACTS

ESH 2010 welcomes the submission of abstracts for original contributions to the field. Final selection of abstracts will be done by ESH Scientific Committee by March 2010. All accepted abstracts will appear in their full form in the Abstract Book available at the Congress.

Before preparing and typing your abstract, please read carefully the instructions on the website: www.esh2010.com

THE DEADLINE FOR ABSTRACT SUBMISSION IS JANUARY 15, 2010

Abstracts received after January 15, 2010 or incorrectly drawn up will not be accepted.
Instructions for Submitting Abstracts

- Abstract can only be submitted on line through website (www.esh2010.com)
- Abstracts must be typed in English
- The deadline for abstract submission is midnight Central European Time on January 15, 2010. Abstracts will not be accepted after this date.
- The complete abstract, including one figure or one table, must not exceed the box space
- Type the text, including tables and figures, in single-line spacing and using Times New Roman 11. Do not use smaller type
- TITLE: Capitalize the entire title. Spell out words. Do not use abbreviations
- TEXT: begin the text on a new line and indent three spaces. The text should be arranged according to the following headings: objective, design and method, results and conclusions
- The Scientific Committee will accept abstracts for the Scientific Programme (oral or poster presentation) on scientific merit
- Abstracts will not be printed unless registration documents and payment fees in full are set up

NOTIFICATION OF ACCEPTANCE OR REJECTION
Notification of acceptance or rejection will be sent to the corresponding author by the end of March 2010. Please note that only the corresponding author will receive information concerning the abstract.
WHAT IS COVERED BY THE FEE?

DELEGATE’S FEE
The registration fee includes admission to the Opening Ceremony and the Welcome Reception, public transportation tickets valid for three days (June 19, 20 and 21, 2010), unlimited access to all scientific sessions, access to the exhibitions, one congress bag with complete meeting materials, lunch from June 19 through June 21, 2010.

ACCOMPANYING PERSON’S FEE
The registration fee includes admission to the Opening Ceremony and Welcome Reception, public transportation tickets valid for three days.

PLEASE NOTE: Accompanying persons will not be admitted to the scientific sessions, exhibition and catering area.

PRESS REGISTRATION
A Press Representative will be registered free of charge for the meeting as PRESS if he/she sends a completely filled registration form together with a copy of press-ID or similar document confirming his/her status of press representative.

Press registration includes a full set of congress materials and free entrance to all Meeting activities including scientific sessions.
PAYMENT
PAYMENT SHOULD BE MADE BY ONE OF THE FOLLOWING METHODS:

1. By Bank Transfer
Please transfer the payment to Congress-Conference AS Bank details:

The payment transfer form should clearly state the names(s) of the delegate(s) and should clearly state “20TH European Meeting on Hypertension”.

2. By Credit Card
All major credit cards are accepted (American Express, VISA, Eurocard/Mastercard, Diners). Please enter the credit card number and expiration date in the appropriate space on the internet registration form.

PLEASE NOTE
All transfer charges must be prepaid by the transmitter. Personal cheques, company cheques or Euro cheques will not be accepted. Please enter the website: www.esh2010.com and then click on “registration information” where you will find instructions and form for registration.

All fees are requested in EURO. Registration will be processed only if accompanied by total payment.

DNB NOR ASA, NO-0021 OSLO, NORWAY
Account number: 8210.60.18223
Iban NO0782106018223
Bic (swift address) DNBANOKKXX
### Registration Information

**REGISTRATION FES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Payment before March 29, 2010</th>
<th>Payment from March 30 to May 16, 2010</th>
<th>Payment from May 17 and On-site</th>
</tr>
</thead>
<tbody>
<tr>
<td>ESH Member*</td>
<td>€ 470</td>
<td>€ 580</td>
<td>€ 670</td>
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<tr>
<td>Non-member</td>
<td>€ 630</td>
<td>€ 740</td>
<td>€ 780</td>
</tr>
<tr>
<td>Participant younger than 40**</td>
<td>€ 320</td>
<td>€ 420</td>
<td>€ 420</td>
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<tr>
<td>Accompanying Person’s fee</td>
<td>€ 90</td>
<td>€ 110</td>
<td>€ 130</td>
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Reduced fees are only for European Society of Hypertension (ESH) members. It will not be applied to members of other Hypertension Associations and to Members of National Societies.

** Born after April 1st, 1970. Please enclose photocopy of an identity document.

*** incl. Welcome reception and three day pass transport tickets.
CONFIRMATION OF REGISTRATION
An invoice will be issued as written confirmation of your registration by the Organizing Secretariat.

NAME CHANGES
After April 19, 2010 sponsors who wish to make name changes will be charged an handling fee of EURO 150,00 (VAT 20% included) per name change. A new registration form for each replacement participant will be required before the name change can be processed. Individuals may make name changes only in exceptional cases.

PLEASE NOTE
Deadline for pre-registration is June 7, 2010.
After this date registrations or changes to earlier registrations are still possible on-site in Oslo.
DAILY REGISTRATIONS WILL NOT BE PROVIDED.

CANCELLATION POLICY
Notification of cancellation must be sent in writing to Congress-Conference AS. Cancellations will be accepted until April 26, 2010 with a refund of all prepaid fees except for a 30% administration charge. No refunds will be made for cancellations received after this date.

CANCELLATION BEFORE APRIL 26, 2010:
30% OF THE REGISTRATION FE WILL BE WITHELD
CANCELLATION AFTER APRIL 26, 2010: NO REFUND

All approved refunds will be processed and issued 60 days after the congress.

GROUP REGISTRATION
The Group Registration is offered when the number of participants therein reaches the minimum of 20 individuals and when the official Group registration form is used.
Group registration details will be available on Internet at www.esh2010.com
Please visit the website for further information and instructions.

PLEASE NOTE
Group reservation without the individual mailing addresses of the participants will not be accepted. Individual mailing addresses must be included in order to register a group.
Oslo, the capital city of Norway, is situated in the heart of Scandinavia, surrounded by magnificent scenery from the fjord to the forested hills. It is also the home of cultural figures like Edvard Munch, Gustav Vigeland, Thor Heyerdahl and Henrik Ibsen, each of them with a museum.

Oslo offers a unique combination of natural beauty, culture and history, which makes it a perfect setting for exciting social activities. Besides being the city where the Nobel Peace Prize is awarded each year, Oslo is the home of Norway’s largest university as well as several renowned research centres.

Oslo has a great location at the head of the Oslo Fjord, surrounded by forested hills. The city is a great destination for those who enjoy outdoor activities. Even in the city centre, the nearest park is never more than a few blocks away. A ten-minute boat ride from the centre takes you to lovely beaches on the Oslo Fjord islands. In the winter Oslo has hundreds of kilometers of cross-country trails within the city boundaries, in addition to eight ski centers.

In 2007 Reader's Digest ranked Oslo as number two on a list of the world’s greenest, most liveable cities! At the same time Oslo has everything you would expect from a capital.

The city offers an abundance of attractions, shopping possibilities and a flourishing cultural life, and a choice of restaurants which is almost unparalleled in Scandinavia.

The possibilities are always many – whether you want to enjoy a sumptuous meal at a Michelin-starred restaurant or you prefer a brisk, refreshing dogsleigh ride in the snow-draped winter forest.

TRAVEL TO OSLO
With its central location and convenient accessibility, Oslo is easy to visit whether you arrive by car, ferry, train, bus or by plane.

The main airport Oslo Airport Gardermoen is located 45 km north of Oslo, and is operated by most international airlines. Gardermoen is located north of Oslo, 20 minutes by airport express train from the city centre. The venue, the Norway Convention Centre, is located close to the railway line midway between the airport and the city centre. There are also several buses from the airport to the city centre.

However, the city is also easy to reach from Sandefjord Airport Torp, located 110 km south–west, and Moss Airport Rygge which you find 66 km south–east of Oslo. These two smaller airports are operated by lowcost airlines, such as Norwegian, Ryanair and Wiss.

AIR
Check the home pages for different airlines operating on the airports:
Gardermoen: www.osl.no/en/osl
Torp by Sandefjord: www.torp.no
Rygge by Moss: www.ryg.no
Welcome to Oslo

All trains arrive Oslo Central Station (often referred to as Oslo S), while buses arrive at Oslo Bus Terminal. Both stations are located right in the heart of the city!

Oslo is also an important port serving cargo, ferryboats and cruise ships. The large ferryboats offer direct routes from Kiel, Fredrikshavn and Copenhagen.

If you arrive with your own private boat, there are several guest harbors available.

When in Oslo, there are several options when it comes to transportation throughout the city. You can use public transportation or perhaps you would like to try one of the city bikes?

Search for different types of transportation below, and click on the company name to get more information.

CLIMATE
Thanks to the Gulf Stream bringing temperate water from the Gulf of Mexico, Oslo’s climate is milder than what its latitude would imply.

Many people see Oslo as the winter capital. But Oslo is just as much a summer city. On a summer’s day the small boats crowd the Oslo Fjord and the parks are full of picnickers – Oslo’s citizens really make the most of it when the sun appears.

The temperature
often rises during day at an average of 22°. Light summer clothing is most suitable. Rain is also possible; light raincoat and something warm for the evening are advisable.

Money (Currency)
The official currency in Norway is Norwegian Kroner (NOK)

Tipping
Service is usually included in the bill in bars and restaurants, but small tips are welcome.

Bank
Banks are open from Monday to Friday from 0900 to 1600. Banks are usually closed on Saturday and Sunday. Many banks have automatic currency exchange machines that also take credit cards. Most hotels, restaurants and shops accept major credit cards.

Electricity
Electricity in Norway runs at 220V and the frequency is 50Hz. Plugs have two or three round pins. Foreign voltage could require an adapter.

Useful links:
For information about Oslo and Norway:
www.visitoslo.com
www.visitnorway.com
For any information and/or reservation please contact the Official Housing Bureau and Travel Agency of the congress:

Congress-Conference AS
P O Box 2694 Solli
NO – 0204 Oslo
Email: esh2010hotel@congrex.no
Ph: +47 22 56 19 30 – Fax: +47 22 56 05 41

HOW TO MAKE AN HOTEL RESERVATION
Please read and fill in the instructions on the website of the congress www.esh2010.com
Make sure to have your reservation done by May 28, 2010. After that date rooms will not be guaranteed. A voucher will be part of the package received at the registration desk.

Payment of one night is mandatory.
Congress-Conference will be at your disposal for any information on hotelreservations.

Guarantee/Payment of Hotel Reservation
Each reservation must be guaranteed by credit card. A reservation fee of €20,00 will be charged on the credit card upon confirmation of the booking plus one night deposit, which will be deducted from your hotel bill when checking out. The payment of the total foreseen will be requested by the hotel upon check out.
The hotel will issue an invoice directly upon payment.

**Cancellation Policy**
Any change or cancellation of the hotel reservation must be sent in writing to Congress-Conference AS. Congress-Conference AS reserves the right to charge on the given credit card the following cancellation fees:

- In case of cancellation within March 31, 2010
  only the reservation fee (€20,00) will be kept.

- In case of cancellation within June 11, 2010
  1 night accommodation will be charged

- In case of cancellation after June 11, 2010
  100% of the foreseen accommodation will be charged.

<table>
<thead>
<tr>
<th>Hotel Category</th>
<th>Single Room</th>
<th>Double room</th>
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<tbody>
<tr>
<td>A</td>
<td>€200 – 275</td>
<td>€225 – 320</td>
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<tr>
<td>B</td>
<td>€150 – 210</td>
<td>€165 – 225</td>
</tr>
<tr>
<td>C</td>
<td>€100 – 175</td>
<td>€130 – 165</td>
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Rates are per night per room and are inclusive of breakfast and taxes.
<table>
<thead>
<tr>
<th></th>
<th>Hotel Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>1</td>
<td>HOTEL CONTINENTAL</td>
<td>Stortingsgaten 24/26</td>
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<tr>
<td>2</td>
<td>RADISSON BLU PLAZA HOTEL</td>
<td>Sonja Henies Plass 3</td>
</tr>
<tr>
<td>3</td>
<td>RADISSON BLU SCANDINAVIA HOTEL</td>
<td>Holbergsgate 30</td>
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<tr>
<td>4</td>
<td>CLARION ROYAL CHRISTIANIA HOTEL</td>
<td>Biskop Gunnerius gt. 3</td>
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<td>5</td>
<td>HOTEL BRISTOL</td>
<td>Kristian IV's gt. 7</td>
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<td>6</td>
<td>GRAND HOTEL RICA</td>
<td>Karl Johansgt. 31</td>
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<tr>
<td>7</td>
<td>THON HOTEL ARENA</td>
<td>Nesgata 1 (at Venue)</td>
</tr>
<tr>
<td>8</td>
<td>THON HOTEL OPERA</td>
<td>Christian Fredriksplass 5</td>
</tr>
<tr>
<td>9</td>
<td>SCANDIC HOTEL BYPORTEN</td>
<td>Jernbanetorget 6</td>
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<td>10</td>
<td>SCANDIC HOTEL EDDERKOPPEN</td>
<td>St.Olavs Plass 1</td>
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<td>11</td>
<td>SCANDIC HOTEL KNA</td>
<td>Parkveien 68</td>
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<tr>
<td>12</td>
<td>RICA OSLO HOTEL</td>
<td>Nr. 1 Europarådets Plass</td>
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<tr>
<td>13</td>
<td>THON HOTEL STEFAN</td>
<td>Rosenkrantzgt. 1</td>
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<tr>
<td>14</td>
<td>THON HOTEL SLOTTSPARKEN</td>
<td>Wergelandsveien 5</td>
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<tr>
<td>15</td>
<td>THON HOTEL VIKAVI ATRIUM</td>
<td>Munkedamsveien 45</td>
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<tr>
<td>16</td>
<td>THON HOTEL CECIL</td>
<td>Stortingsgt. 8</td>
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<td>17</td>
<td>THON HOTEL TERMINUS</td>
<td>Stenersgt. 10</td>
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<td>18</td>
<td>THON HOTEL GYLDENLOEVE</td>
<td>Bogstadveien 20</td>
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<td>19</td>
<td>RICA VICTORIA HOTEL</td>
<td>Rosenkrantsgt. 13</td>
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<td>20</td>
<td>RICA TRAVEL HOTEL</td>
<td>Arbeidergaten 4</td>
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<td>21</td>
<td>RICA HOTEL BYGDOEY ALLÉ</td>
<td>Bygdøy Alle 53</td>
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<td>22</td>
<td>RICA HOLBERG HOTEL</td>
<td>Holbergs Plass 1</td>
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<td>23</td>
<td>THON HOTEL EUROPA</td>
<td>St. Olavsgt. 31</td>
</tr>
<tr>
<td>24</td>
<td>THON HOTEL LILLESTROM</td>
<td>Storgaten 25 (at Venue)</td>
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<td>25</td>
<td>COMFORT HOTEL BOERSPARKEN</td>
<td>Tollbugt. 4</td>
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<td>26</td>
<td>CLARION COLLECTION GABELSHUS</td>
<td>Gabels gate 16</td>
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<td>27</td>
<td>CLARION COLLECTION FOLKETEATERET</td>
<td>Storgaten 21 - 21</td>
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<td>28</td>
<td>NORLANDIA HOTEL KARL JOHAN</td>
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<td>29</td>
<td>THON HOTEL SPECTRUM</td>
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<td>THON HOTEL MUNCH</td>
<td>Munchsgt. 5</td>
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<td>31</td>
<td>THON HOTEL ASTORIA</td>
<td>Dronningensgt. 21</td>
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<td>32</td>
<td>BEST WESTERN ANKER HOTEL</td>
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<tr>
<td>33</td>
<td>P-HOTELS</td>
<td>Grensen 19</td>
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</table>
Welcome to Oslo in 2010!